

Agency Spotlight: Redemption House

The Food Bank of Yolo County is proud to support more than 70 agencies that provide vital services to residents throughout our community. In recognition of our community partners, we will shine the spotlight on one of the agencies we support each month in hopes of raising awareness about the many organizations who work diligently to meet the needs of others. During the month of June, we're pleased to devote our Agency Spotlight to Redemption House in West Sacramento, California.

Redemption House, a drug and alcohol recovery home, was founded in 2006 by a Christian Russian community in West Sacramento. Their mission is to provide spiritual, emotional and physical restoration to individuals suffering from substance abuse, by offering opportunities such as developing moral and spiritual principles.

The facility, run entirely by volunteers, provides a safe sober living environment to those in recovery. Residents (and often their families) are given temporary housing, access to support groups and faith-based meetings, and are encouraged to volunteer while they work toward getting back on their feet.

Lead volunteer, Lyudmila Ganaga, shops at the Food Bank and says the relationship is "a huge help because we can feed our residents during their recovery." She really enjoys volunteering with Redemption House because of the support the community provides to the residents. Lyudmila says, "It is nice to see when people get better, see a new life and can see a future ahead."

Members of the community hope to one day expand to a larger facility and in the mean time will continue to provide spiritual support to those on the journey to recovery.

Like any other agency, Redemption House can benefit from increased support from the community. For more information about how you can volunteer or make a donation, please contact them at (916) 813-6640 or redemptionhouse@yahoo.com.