

April, 2010

CACHE CREEK LODGE

Substance abuse is an issue that impacts entire families and, in turn, has impacted our society at-large. In 2008, a national study conducted by the Substance Abuse and Mental Health Administration concluded that 23.1 million persons aged 12 or older needed treatment for an illicit drug or alcohol use problem.



Since 1974, Cache Creek Lodge has helped individuals battling substance abuse to recover from their addictions and reclaim their lives. The 39-bed co-ed residential substance abuse facility is a social model based on the 12-step program and offers a curriculum rich in education, job training and behavioral therapy. Working primarily with parolees and the homeless, Cache Creek offers outpatient and transitional living to at-risk residents who've overcome addiction and are now preparing to transition back into society.

Program Director John Madsen attributes much of the success the Cache Creek residents have realized of-late to the "Breaking Barriers" curriculum by Gordon Graham. A cognitive reality model combining personal testimonials from inmates and former inmates, "Breaking Barriers" seeks to effectively change a person's beliefs and thinking—in hopes of ultimately changing their behavior.

Cache Creek Lodge has enjoyed a longstanding relationship with the Food Bank. Many of their clients have received critical job training skills by volunteering in the Food Bank warehouse; and the sense of community spirit they receive from giving back has been a great asset to their transition from Cache Creek to complete self-sufficiency.

Like any other agency, Cache Creek Lodge can benefit from increased support from the community, at-large. For more information about how you can assist Cache Creek Lodge, please contact John Madsen, Program Director, jmadsen@cachecreeklodge.org, or by calling (530) 662-5727 x 13. Winnie Grant, Executive Director, may be contacted at wgrant@cachecreeklodge.org.